

RUSSIAN MBO CUP – 2013
MBO World Ranking Event
Leningrad Region, Toksovo, 25.05 - 26.05.2013,

BULLETIN No 1

1. Organizers:

Ministry of Sports of Russian Federation
Sports Committee of Leningrad Region
Russian Orienteering Federation
Orienteering Club AVANGARD
Event Director – Alexander. Shirinian
Technical Director – Alexander Shein

Official web-site: <http://www.o-time.ru>

2. Program Russian MTBO CUP:

24.06 – Arrival, registration

25.06 – Sprint (20-25 min) (Russian MTBO Cup)

26.06 – Middle (40-45 min) (Russian MTBO Cup)

Web-sites: www.rufso.ru

3. Classes, participants:

M 21 – men born at 1993 and earlier

W 21 – women born at 1993 and earlier

Open Classes

M/W: -14, -17, -20, 21-, 40-, 50-, 60+

4. Entries:

Entries should be sent by e-mail: skishar@mail.ru

Deadline for the entries - 24:00 20.05.2013

5. Entry fee:

Entry fee – EUR 30- RUR (EUR 15- for open classes) per participant per day. Invoice for pre-payment could be sent by request.

6. Event Centre:

Event Centre address: Leningrad Region, Toksovo, Sanatornaya str. 35, Winter Sports Centre “Kavgolovo”, 20 km to the North of St. Petersburg, Road St. Petersburg – Volojarvi.

7. Accommodation and meals:

Winter Sports Centre “Kavgolovo”

2-3 bedded rooms, WC and Shower, per person per day: 25-30 EUR

Meal – full pension 15 EUR per person per day

Accommodation and meal should be ordered by e-mail together with entries (skishar@mail.ru). Invoice for pre-payment could be sent by request together with the entry application.

The bank data for payment:

Account number: 129835 - 106839

IBAN: FI5812983500106839

SWIFT: NDEAFIHH

Bank: NORDEA

Bank address: Finland, Aleksanterinkatu 5, 15110, Lahti

The receiver: Rylov Victor

Address: Finland, Valkekatu 3, 15340, Lahti

8. Terrain:

Forested terrain between 50 and 100 m above sea level, various landforms (mostly hills), from high to medium density network of roads, paths and ski tracks, mostly firm ground, may be slippery during the rain. Maps – prepared at 2012 year according to IOF MTBO Specifications.

Scales – sprint 1: 7500, Middle – 1:10 000, Contour interval 5 m

9. Punching system

Electronic punching system SI will be used. SI-card may be rented at 5 EUR per day.

10. Other open events

One can also participate in Russian Cup Long Course (mass-start) 28.05 and have a training on Monday 27th after Relay race. Entry fee for Long – 20 EUR, training on Monday – 5 EUR. Applications should be sent together with the entries for WRE Russian MBO Cup.

Terrain Sample (Foot-O Map)

